



## 2018 RICH Chinese Summer Camp Program Session 2

Itinerary/参考行程: Date of Program 1<sup>st</sup> July - 21<sup>st</sup> July, 2018 (21days)

| DATE              | NOTE | ITINERARY DETAILS                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| 7.1<br>周日<br>Sun. |      | 接机,入住酒店 Whole day airport Transfer; Hotel check in<br>19:00-20:30 欢迎晚宴, 分组破冰游戏 orientation; welcome dinner; group assignment<br>ice-breaking game                                                                                                                                                                                                                                                                                                |
| 7.2<br>周一<br>Mon. |      | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文测试 Level assessment 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>14:00-16:00 文化课: 中国功夫 Culture course: Chinese Kong Fu<br>16:00-17:00 中文实践课: 校园定向追踪<br>Outdoor Chinese study: Camps Directional Tracking<br>17:00-18:00 运动时间 Sports time 18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off |
| 7.3<br>周二<br>Tue. |      | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 游览皇家园林一颐和园, 船游昆明湖, 登万寿山<br>Visit the Summer Palace, cruise on the Kunming river, hiking<br>12:30-13:30 午餐 Lunch break<br>14:00-17:00 中文课程 Chinese language course<br>16:30-18:00 运动时间 Sports time<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off                                                        |
| 7.4<br>周三<br>Wed. |      | 8:00-8:30 早餐 Breakfast<br>9:00-16:00 爬慕田峪长城竞赛, 体验长城索道滑道<br>Hike at Mu Tian Yu Great Wall, enjoy SIBIDA slide way.<br>16:00-17:00 酒店冲凉休息 Back to the hotel, refresh and relax<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off Lights off                                                                                                       |
| 7.5<br>周四<br>Thu. |      | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>14:00-16:00 Chinese Workshop: IB/IGCSE/AP/ Writing<br>16:00-17:00 中文实践课: 小组任务校园采访 Outdoor Chinese study: Group project Campus<br>live interview 17:00-18:00 羽毛球运动 Badminton Sports time<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off    |



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| 7.6<br>周五<br>Fri.  |  | 8:00-8:30 早餐 Breakfast<br>9:00-12:00 中文课程 Chinese language course<br>12:15-13:15 午餐 Lunch break<br>13:30-14:00 洗衣服 Laundry<br>14:00-17:00 参观天坛, 在回音壁做游戏, 了解古代祭天礼仪 Visit the Temple of Heaven<br>17:00-19:00 晚餐 Dinner<br>19:00-20:00 观看杂技表演-朝阳剧场《飞翔》 Watch the Flying Acrobatics Show<br>21:30-22:30 自由时间 Free time 熄灯 Lights off                                                            |
| 7.7<br>周六<br>Sat.  |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>14:00-18:00 中国文化课: 书法, 国画 Culture course: Beijing Opera mask painting, calligraphy on bamboo slips and Chinese painting (fan painting)<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off |
| 7.8<br>周日<br>Sun.  |  | 9:30-11:00 外出: 采摘樱桃/水蜜桃 Outing: picking fresh fruit from local orchard<br>11:00-13:00 中餐料理课程 午餐 Chinese cooking class at kitchen self-made dinner<br>14:30-17:30 中文课程 Chinese language course<br>17:30-18:30 中文一对一辅导 1v1 Chinese tutoring<br>18:30-19:30 晚餐 Dinner<br>20:00-21:00 完成作业 homework time<br>20:30-22:30 自由时间 Free time 熄灯 Lights off                                             |
| 7.9<br>周一<br>Mon.  |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>13:30-18:00 外出: 老北京胡同南锣鼓巷, 胡同采访 Outing: scavenger hunt in HuTong<br>18:30-19:30 晚餐:北京烤鸭 Traditional Beijing Roasted Duck for dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off                             |
| 7.10<br>周二<br>Tue. |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>14:00-16:00 中国文化课: 中国传统游戏 Chinese traditional games<br>16:00-18:00 运动时间 Sports time<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off                                                    |
| 7.11<br>周三<br>Wed. |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>13:30-14:30 中文一对一辅导 1v1 Chinese tutoring<br>14:30-15:30 完成作业 homework time 送洗衣服 Laundry                                                                                                                                                                                                   |



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|                    |  | 15:30-19:00 外出：水立方嬉水乐园，奥林匹克鸟巢广场 Outing: visit the largest indoor water park in Asia--Water Cube; the square outside Bird's Nest -- home of the 2008 Olympic Games<br>19:00-20:00 晚餐 Dinner<br>20:30-22:00 自由时间 Free time 熄灯 Lights off                                                                                                                                                                                                                                                               |
| 7.12<br>周四<br>Thu. |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>14:00-16:00 保龄球比赛 Bowling match<br>17:00-18:00 运动时间 Sports time<br>18:00-19:00 晚餐 Dinner<br>19:00-20:00 中文一对一辅导 1v1 Chinese tutoring<br>20:00-21:00 完成作业 homework time<br>21:30-22:30 自由时间 Free time 熄灯 Lights off                                                                                                                                                                                |
| 7.13<br>周五<br>Fri. |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>13:30-17:30 外出：故宫竞赛游戏 Game in the Forbidden City<br>18:00-19:00 晚餐：海底捞火锅 Hotpot Haidilao<br>20:30-22:30 自由时间 Free time 熄灯 Lights off                                                                                                                                                                                                                                                              |
| 7.14<br>周六<br>Sat. |  | 8:30-9:15 早餐 Breakfast<br>9:30-12:30 中文课程 Chinese language course<br>12:30-13:30 午餐 Lunch break<br>13:30-14:30 中文一对一辅导 1v1 Chinese tutoring<br>14:30-15:30 完成作业 homework time<br>15:30-20:00 顺义乔波冰雪世界室内滑雪 晚餐：果汁，三明治，饼干小吃<br>Outing: Enjoy indoor skiing at Qiao Bo Ice & Snow World; Packed dinner<br>20:30-22:00 自由时间 Free time 熄灯 Lights off                                                                                                                                                       |
| 7.15<br>周日<br>Sun. |  | 8:00-8:30 早餐 Breakfast<br>9:00-12:00 中文课程 Chinese language course<br>12:15-13:15 午餐 Lunch break 送洗衣服 Laundry<br>14:00-17:00 秀水市场购物， Silk Market shopping<br>18:00-20:30 798 艺术区，参观尤伦斯当代艺术中心，晚餐<br>798 artist zone, Visit Ullens Center for Contemporary Art, Dinner<br>20:30-22:00 自由时间 Free time 熄灯 Lights off                                                                                                                                                                                      |
| 7.16<br>周一<br>Mon. |  | 8:00-8:30 早餐 Breakfast 9:00-10:00 收拾行李 pack luggage<br>10:00-11:00 中文一对一辅导 1v1 Chinese tutoring<br>11:00-12:00 退房 check out<br>12:00-13:00 午餐 Lunch<br>13:00-16:00 中文课程 Chinese language course<br>16:00-17:00 结业考试 Final exam<br>17:00-18:30 晚餐 Dinner<br>21:00-22:30 河南旅行旅行出发，前往北京西站候车 Departure for Henan Trip. Go to Beijing West Railway Station 发车时间: 2:32 抵达时间: 次日 06:45 车次: K179 四人软卧包厢 Take overnight train K179 Beijing-Zhengzhou (22:32-06:45+1 Soft-sleeper train ticket in 4-bed cabin) |
| 7.17<br>周二<br>Tue. |  | 6:45-8:00 抵达河南省会城市郑州，酒店早餐 Arrive in Zhengzhou and take breakfast<br>08:00-09:00 乘车前往中国古代六朝古都开封 Transfer to Kaifeng city, as capital of 6 dynasty in ancient China                                                                                                                                                                                                                                                                                                                                    |



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|                    |  | <p>09:00-13:00 抵达开封后游览清明上河园是以画家张择端的写实画作《清明上河图》为蓝本,按照《营造法式》为建设标准,以宋朝市井文化、民俗风情、皇家园林和古代娱乐为题材,以游客参与体验为特点的文化主题公园。集中再现原图风物景观的大型宋代民俗风情游乐园,再现了古都汴京千年繁华的胜景。MILLENNIUM CITY PARK is a valuable life drawing for social custom, which represents social life, social custom and building structure of Kaifeng as ancient city in Northern Song Dynasty. Although it only shows part Kaifeng, it is very easy to know other streets' situation by supposing. What is more interesting is that Zhang Zeduan put it into drawing from life one thousand years ago while Kaifeng's people put it into life from drawing one thousand years later..</p> <p>13:30-14:30 午餐 Lunch</p> <p>15:00-16:30 汴京灯笼张 非物质文化遗产学制作灯笼 Learn to make traditional lantern</p> <p>16:30-19:00 车赴登封-少林寺 Transfer to Dengfeng – Shaolin Temple</p> <p>19:00-20:00 晚餐 Dinner</p> <p>20:00-21:00 入住少林寺度假景区酒店 check in at resort in scenic spot of Shaolin temple</p>                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 7.18<br>周三<br>Wed. |  | <p>07:00-08:00 酒店早餐 Breakfast at hotel</p> <p>08:30-09:30 与僧人座谈 Speech with monk</p> <p>9:30-13:00 游览少林并观看武术表演<br/>Enjoy the show of Chinese Martial art performed by student from local school</p> <p>13:00-14:00 少林寺景区度假村内午餐 Lunch</p> <p>14:00-17:30 参观少林寺武术学校并和僧人学习武术 transfer to Xiaolong martial art school to learn Chinese Kongfu around 2 hours</p> <p>17:30-19:00 车赴洛阳 Transfer to Luoyang</p> <p>19:00-20:00 晚餐 Dinner 20:00-21:00 车赴酒店入住 transfer to hotel and check in</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 7.19<br>周四<br>Thu. |  | <p>7:00-8:00 早餐 Breakfast 8:00-8:30 退房 Check out</p> <p>8:30-9:30 车赴龙门石窟 transfer to Longmeng Grottos</p> <p>9:30-12:30 游览龙门石窟龙门石窟开凿于北魏孝文帝迁都洛阳之际 (公元 493 年),之后历经东魏、西魏、北齐、隋、唐、五代的营造,从而形成了南北长达 1 公里、具有 2300 余座窟龕、10 万余尊造像、2800 余块碑刻题记的石窟遗存。龙门石窟是北魏、唐代皇家贵族发愿造像最集中的地方,是皇家意志和行为的体现,具有浓厚的国家宗教色彩。在北魏时期雕凿的众多洞窟中,以古阳洞、宾阳中洞和莲花洞、石窟寺这几个洞窟最有代表价值。其中古阳洞集中了北魏迁都洛阳初期的一批皇室贵族和宫廷大臣的造像,典型地反映出北魏王朝举国崇佛的历史情态。The Longmen Grottoes are on the Yi riverbank, 12 kilometers from the ancient city of Luoyang, about 30 minutes' drive. The site is one of the three most important in China for its Buddhist sculptures and carvings; it is famous for its huge number of carvings. There are about 2,100 grottoes and niches, over 40 crematory urns, 3,600 inscribed stone tablets and over 100,000 Buddhist images and statues. The most grottoes and caves are on the west hill, while the Xiangshan Temple and Baijuyi's (a famous Chinese ancient poet) Tomb are on the east hill</p> <p>12:30-13:30 午餐 Lunch</p> <p>13:30-15:30 游览洛阳博物馆 Sightseeing tour at Luoyang municipal museum</p> <p>15:30-17:00 游览洛阳老城 Stroll around old city area</p> <p>17:00-19:20 车赴洛阳火车站,打包晚餐 Transfer to Luoyang train station and Dinner box is served.</p> <p>19:20 乘夜火车返回北京,发车时间 19:20,抵达时间次日 5:34 车次 K270 四人软卧包厢 Take overnight train back to Beijing K270 19:20-05:34+1 in soft sleeper cabin</p> |



## RICH CHINESE SUMMER CAMP

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| 7.20 周五<br>Fri. |  | 7:00-8:30 抵达北京, 返回酒店 Arrive in Beijing, transfer to the hotel<br>9:00-10:30 早餐; 休整 Breakfast; rest<br>10:30-12:00 结业典礼 Closing ceremony<br>12:00-13:00 午餐 Lunch break<br>14:30-18:30 蓝港物中心 SOLANA shopping center<br>18:00-21:00 告别晚宴 Farewell pizza dinner and party |
| 7.21 周六<br>Sat. |  | 送机 启程回家<br>Going back home                                                                                                                                                                                                                                            |